

# GUIDELINES

---

National Athlete Support – Angus is an initiative of ANGUSalive Sport & Leisure and is supported by local sporting partners.

The aim is to offer practical support to athletes who have achieved national level in their chosen sport and contribute to the development of national athletes.

## Benefits of NASA

- Complimentary access to ANGUSalive Sport & Leisure facilities
- Grant aid support
- Sports injury support (currently unavailable)

## Eligibility for the Scheme

The term National Athlete refers to any individual in a squad or team representing Scotland, the United Kingdom or Great Britain in sport at any age group.

Only sporting activities, relevant disciplines and Governing Bodies as defined and recognised by sportscotland will be eligible.

Residency within Angus is essential. A postal or contact address will not suffice. In the case of students, either the parental or term time address may be used.

The scheme applies to athletes of amateur status only.

## Grant Aid Scheme

Any member of the NASA scheme can apply for grant aid. Should non members wish to apply they would first have to enrol in the scheme.

Grants can be given for national/international competition and for recognised national squad training.

### Grant aid can be awarded for:

- Accommodation
- Travel
- Squad/training fees
- Tuition
- Subsistence

### Grant aid will not be awarded for:

- Personal/team clothing
- Equipment
- Examination fees
- Competition fees
- Car hire
- Transport of equipment
- Any other items falling out with the categories indicated

## Terms and Conditions

An athlete may apply for several grants in one financial year or may submit one application for multiple events.

Grant aid application forms are available online at [www.angusalive.scot](http://www.angusalive.scot). Section A of the form must be completed in full and returned prior to the event or training taking place. Grant aid is only awarded for expenses incurred by the athlete.

Car journeys will be calculated at 10p per mile. For all other transport ie flights, train, bus; receipts must be provided.

Subsistence can be claimed up to a maximum of £20 per full day and £10 per half day. All receipts must be provided.

Grant aid is awarded at 30% of total expenses claimed. The maximum award payable to any one athlete in one financial year is £300. The maximum grant payable in any one application is £250.

All applications for other awards, grants or sponsorship must be declared on Section A of the form and these will be considered in determining the award.

Subject to all criteria being met, notification of provisional award will be made in writing within 10 working days of receiving the application.

Following the event or training, Section B of the form must be fully completed and returned with all supporting receipts, not copies, by the date stipulated on the provisional offer or no award will be made. The final grant awarded cannot exceed the provisional award offered.

ANGUSalive will consider all grants on their own merit using the above as conditions and are under no obligation to offer a grant to any or all applications. Discussions will not be entered into with regard to refusal or size of the grant award.

Total claims for assistance which relate to less than £30 expenditure will not be considered.

Applications will fail if they do not meet the deadlines stated above, are not fully completed and signed by the appropriate people, are not fully supported by receipts, are for less than £30 or if the athlete does not satisfy amateur status.

These conditions are correct at time of issue but ANGUSalive reserves the right to alter any conditions should the need arise without prior notification to NASA scheme members.

## Complimentary Access to Facilities

Free access will only be given to swimming pools, free weights areas and fitness suites operated by ANGUSalive. Any other facilities required must be approved by the Development Officer.

Athletes will not be given preference in facility use over the general public and as such will not be able to pre-book facilities under the scheme.

The bACTIVE Lite card must be carried and swiped whenever visiting the leisure facilities.

Free entry will only be given to activity areas approved by Sport & Leisure. Free entry will not be given to Health Suites.

Cardholders under the age of 14 will not be allowed to use the Fitness Suite; this is Council policy. Should those under 14 years strongly wish to use this facility, they should discuss the matter with the Development Officer.

Where an athlete's training requires specialised equipment set up, the athlete should discuss requirements with the facility manager to reach a reasonable agreement.

## Sports Injury Support

Access to physiotherapy may be available, please contact Development Officers for full details.

## How to Register

Athletes must provide the following:

- bACTIVE Lite number
- NASA Application Form
- Proof of athlete status from governing body
- Proof of Angus residency

Athletes will be asked to re-enrol annually. All cards will have an expiry date of 31st March; for applications made from January to March, the expiry date will be 31st March in the following year.

For further information, applications forms and grant aid forms please contact:

**ANGUSalive**  
50-56 West High Street,  
Forfar,  
DD8 1BA

**T: 01307 492600**  
**E: [enquiries@angusalive.scot](mailto:enquiries@angusalive.scot)**  
**[www.angusalive.scot](http://www.angusalive.scot)**



Contact our ACCESSLine on 03452 777 778 if you want this leaflet translated into Chinese, Urdu, Hindi, Punjabi or Gaelic, or in large print, audio or braille.